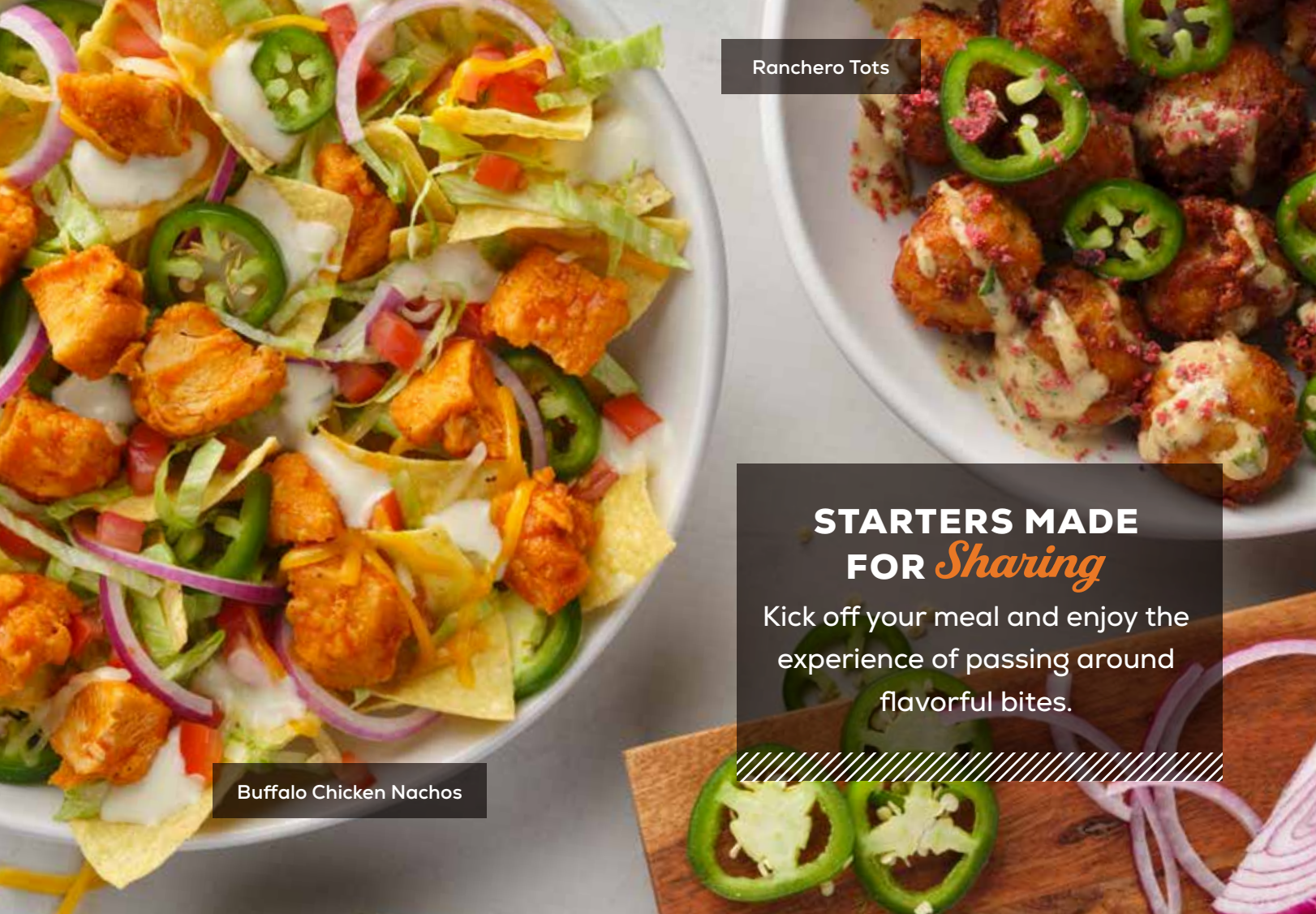




**WINGS** *and* **RINGS**<sup>®</sup>



Ranchero Tots

Buffalo Chicken Nachos

## STARTERS MADE FOR *Sharing*

Kick off your meal and enjoy the experience of passing around flavorful bites.

Buffalo Bleu

Sweet Smokin'

## *Crispy* SEASONED ONION RINGS

Spice up your starter game with our classic rings, tossed in savory new seasonings.

# Shareable STARTERS



### BUFFALO CHICKEN NACHOS

Tortilla chips layered with chicken tossed in our Buffalo Hot sauce, lettuce, tomatoes, red onions, jalapeños, queso blanco, and Cheddar Jack. Served with your choice of Bleu Cheese Dip or ranch dressing on the side. (820 cal. + dipping sauce)

### FRIED PICKLE CHIPS **VE**

Breaded and fried to perfection, served with ranch dressing. (470 cal.)



### RANCHERO TOTS

Oversized house-made tater tots, stuffed with bacon and cheese. Topped with fresh jalapeños, cilantro, and chipotle ranch. (642 cal.)

### MOZZARELLA STICKS

Served with classic marinara dipping sauce. (665 cal.)



### PRETZEL BITES

Soft and airy deep-fried pretzel bites, served with queso dipping sauce; topped with fresh jalapeños, and cilantro. (783 cal.)

### KOREAN SHRIMP

Lightly breaded, fried shrimp, tossed in Gochujang sauce on a bed of Korean BBQ slaw with jalapeños, sesame seeds and cilantro. (441 cal.)

### CHILI CON QUESO **LG**

Queso blanco topped with chili and cilantro, served with tortilla chips. (529 cal.)

### CAULIFLOWER WINGS **VE**

Hand-breaded cauliflower, fried and drizzled in our signature Roasted Garlic Medium sauce and dusted with Parmesan cheese; or substitute your favorite wing sauce. A fresh spin on classic wings. (431 cal.)

### PARMESAN GARLIC AIOLI FRIES **LG**

Natural cut fries topped with Garlic Aioli and shaved Parmesan cheese. (1,157 cal.)

### APPETIZER SAMPLER

Your choice of three: Pretzel Bites, Parmesan Garlic Aioli Fries, Mozzarella Sticks, Fried Pickles, or Onion Rings. Served with dipping sauces. (1,256-1,750 cal.)



MAKE IT A *meal*

# Famous RINGS

### BUFFALO BLEU RINGS

Our thick-cut, crumb-breaded onion rings tossed in buffalo dry spice with a touch of Bleu Cheese flavor. Served with your choice of Bleu Cheese Dip or ranch. (930-1,104 cal.)

### SWEET SMOKIN' RINGS

Our thick-cut, crumb-breaded onion rings tossed in smoky BBQ chipotle with a hint of sweetness. Served with your choice of Bleu Cheese Dip or ranch. (942-1,115 cal.)

### CLASSIC ONION RINGS

Our thick-cut crumb-breaded onion rings served with your choice of Bleu Cheese Dip or ranch. (907-1,080 cal.)

WANT A FREE *starter*?  
Scan to download our app, get a free starter and earn reward points.\*





Harvest Salad

NATURALLY  
GLUTEN  
FREE



PREMIUM  
CHICKEN  
OPTIONS



Side Caesar Salad



Signature Chicken Salad  
With Buffalo Fried Chicken

*Signature*  
**CHICKEN SALAD**  
We set the bar higher with  
cooked-to-order chicken and  
the freshest ingredients...  
because you deserve better  
than just another boring salad.

*Fresh*  
**SALADS**

Swap chicken for fried shrimp on any entree salad



**NEW** SIGNATURE CHICKEN SALAD

Mixed greens topped with Asiago cheese, bacon, candied pecans, grape tomatoes, sliced red bell peppers, and crispy sweet smokin' onions. Topped with your choice of chicken and dressing on the side. (772-1,198 cal. + dressing)

**CHOICE OF CHICKEN:**

- Fried Chicken
- Grilled Chicken
- Buffalo Chicken: Fried or Grilled
- Cajun Grilled Chicken

**BLACKENED CHICKEN CAESAR**

Blackened chicken, served over romaine, topped with Parmesan and croutons, tossed in Caesar dressing. (414 cal. + dressing)

**SOUTHWEST CHICKEN**

Grilled chicken, served over assorted greens, topped with avocado, Cheddar Jack, tortilla strips, tomatoes, scallions, cilantro and jalapeños, served with chipotle ranch on the side. (513 cal. + dressing)

**CLASSIC COBB GF**

A blend of greens topped with diced grilled chicken, avocado, hard-cooked eggs, bacon, tomatoes and Bleu Cheese crumbles, served with herbed vinaigrette on the side. (584 cal. + dressing)

**HARVEST GF**

Assorted greens, topped with diced grilled chicken, candied pecans, dried cranberries, fresh apples and Bleu Cheese crumbles, tossed in our raspberry walnut vinaigrette. (518 cal. + dressing)

*dressing*

**RANCH GF**  
(300 cal.)

**CHIPOTLE RANCH**  
(295 cal.)

**CAESAR GF**  
(420 cal.)

**RASPBERRY WALNUT GF**  
(390 cal.)

**HERBED VINAIGRETTE GF**  
(210 cal.)

**SIDE SALADS & CHILI**

**SIDE CAESAR SALAD**  
(343 cal.)

**SIDE GARDEN SALAD**  
(103 cal. + dressing)

**CHILI GF**  
(397 cal.)

GF=GLUTEN FREE LG=LOW GLUTEN VE=VEGETARIAN

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## LARGE AND *Meaty* WINGS

Our juicy chicken wings come smothered in your choice of sauce or dry rub, from our lineup of classic and chef inspired flavors.

Buffalo Hot Traditional Wings

Korean Boneless Wings

Hickory Smoked Wings

### CHEF INSPIRED FLAVORS

*can't decide?*  
TRY A SAUCE FLIGHT

Get your favorite wing style unsauced with 3 dipping sauces on the side. Add sauce flight to any order of 5 or 10 wings

# Craveworthy WINGS

1

## CHOOSE YOUR WING *style*



**BONELESS GRILLED GF OR FRIED**

5 220/290 cal.  
10 450/570 cal.  
15 670/860 cal.  
20 900/1,140 cal.



**TRADITIONAL LG**

5 260 cal.  
10 520 cal.  
15 780 cal.  
20 1,040 cal.



**SMOKED WINGS**

Your sauce choice on the side. Get 'em before they're gone for the day!

5 260 / 396 cal.  
10 520 / 791 cal.  
15 780 / 1,187 cal.  
20 1,040 / 1,583 cal.



**SOUTHERN FRIED**

Crunchy, juicy, beer battered, traditional wings. Your choice of sauce on side.

2

## CHOOSE YOUR *sauce or rub*

### CHEF INSPIRED SAUCE

Bold flavor combinations

- \*GHOST PEPPER RANCH (209-813 cal.) GF 🔥🔥🔥🔥
- ATOMIC (18-49 cal.) GF 🔥🔥🔥🔥
- SWEET HABANERO (25-150 cal.) GF 🔥🔥🔥
- New!* \*HOT HONEY (229-915 cal.) 🔥🔥🔥
- \*KOREAN (153-589 cal.) 🔥🔥🔥
- \*BLUEBERRY CHIPOTLE BBQ (151-588 cal.) 🔥🔥
- SWEET THAI CHILI (80-510 cal.) 🔥🔥
- TERIYAKI (60-360 cal.) 🔥

\* Additional .50 per 5 wings

### SIGNATURE DRY RUBS

Seasoned to perfection

- NASHVILLE HOT (20-80 cal.) 🔥🔥🔥
- New!* SWEET SMOKIN' (18-72 cal.) 🔥🔥🔥
- CAJUN (5-20 cal.) 🔥🔥
- New!* BUFFALO BLEU (12-48 cal.) 🔥🔥
- LEMON PEPPER (5-20 cal.) GF 🔥



### CLASSIC SAUCES

Familiar flavors you can customize

- BUFFALO (20-830 cal.) GF You choose the heat level
- SMOKEHOUSE BBQ (60-360 cal.) GF xtra hot 🔥🔥🔥
- GARLIC-Q (60-370 cal.) GF hot 🔥🔥
- HONEY BBQ (74-444 cal.) GF hot 🔥🔥
- GARLIC PARMESAN (80-500 cal.) GF medium 🔥
- ROASTED GARLIC (80-470 cal.) GF medium 🔥
- BOURBON BBQ (90-540 cal.) GF mild 🔥
- LEMON PEPPER (5-20 cal.) GF mild 🔥

3

## ADD YOUR FAVORITE *side*

### FAN FAVORITE SIDES

- NATURAL CUT FRIES (456 cal.) LG
- SARATOGA CHIPS (221 cal.) LG
- BROCCOLI (72 cal.) GF

### UPGRADED SIDES

- SEASONED POTATO WEDGES (302 cal.) LG
- PARMESAN GARLIC AIOLI FRIES (579 cal.) LG
- CHEDDAR & BACON FRIES (295 cal.) LG
- CHILI (397 cal.) GF

- ONION RINGS (442-529 cal.)
- FLAVORED ONION RINGS (465-558 cal.)
- LOADED CAULIFLOWER (378 cal.)
- SIDE SALAD (70-390 cal.)

Large, sharing size available for Fries (810 cal.)  
Saratoga Chips (442 cal.), and Wedges (591 cal.)

Add CAJUN OR QUESO to fries or wedges (5-119 cal.)

GF=GLUTEN FREE LG=LOW GLUTEN VE=VEGETARIAN

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*Signature*  
**CHICKEN  
 HANDHELDS**



Served with your choice of natural cut fries **LG**, Saratoga chips, or steamed broccoli **GF**

**CHICKEN** sandwiches



**BUFFALO CHICKEN SANDWICH**

Beer battered fried or grilled chicken breast, topped with our Buffalo Hot sauce, bacon, lettuce and tomato. Served on a brioche bun with your choice of Bleu Cheese dip or ranch dressing. (Grilled 746/ Fried 814 cal.)



**MVP CHICKEN SANDWICH**

Our house beer battered fried or grilled chicken breast, topped with spicy mayo, and pickles on a brioche bun. (Grilled 715/ Fried 790 cal.)



**KOREAN CHICKEN SANDWICH**

The beast from the east: Our house beer battered fried chicken breast topped with Korean sauce and spicy Asian slaw on a brioche bun. (710 cal.)



**BLUEBERRY CHIPOTLE BBQ CHICKEN SANDWICH**

Our house beer battered chicken breast, with spicy and sweet Blueberry BBQ sauce and topped with spicy slaw mixed with candied pecans and dried cranberries. (864 cal.)

**NEW CHICKEN wraps**

**BUFFALO CHICKEN WRAP**

Fried chicken, Cheddar Jack, Buffalo Hot sauce, shredded lettuce, tomatoes, tortilla strips, ranch dressing and queso, tossed and wrapped in a warm flour tortilla. Served with choice of side. (781 cal.)

**SOUTHWESTERN CHICKEN WRAP**

Grilled chicken, bacon, Cheddar Jack, candied pecans, tomatoes, crispy tortilla strips, shredded lettuce and queso, tossed with ranch dressing and wrapped in a warm flour tortilla. Served with choice of side. (897 cal.)

*upgrade your side*

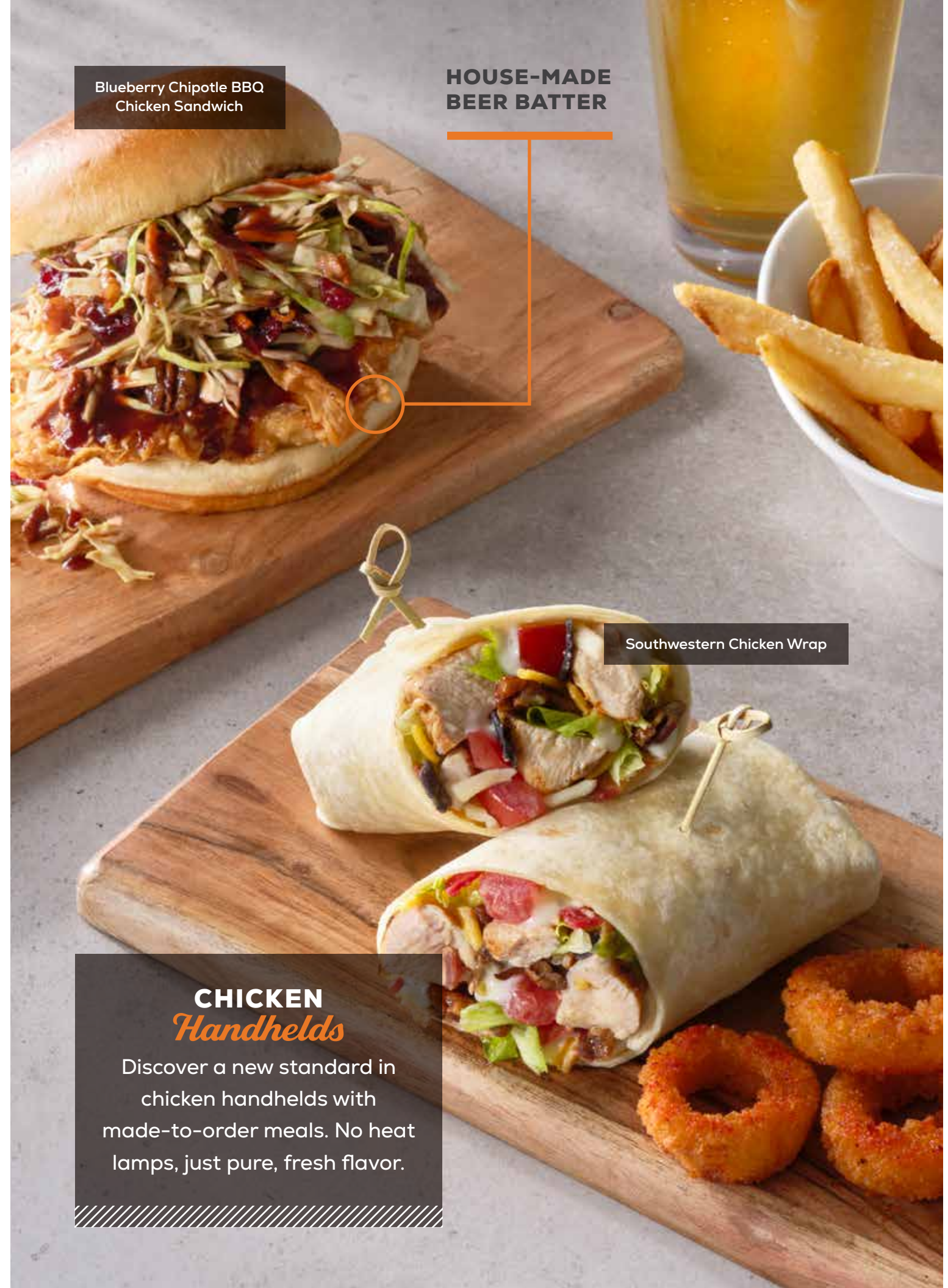
Swap your side for Loaded Cauliflower, Onion Rings or more...

See next page for details.



Side Loaded Cauliflower

**GF=GLUTEN FREE LG=LOW GLUTEN VE=VEGETARIAN**



Blueberry Chipotle BBQ Chicken Sandwich

HOUSE-MADE BEER BATTER

Southwestern Chicken Wrap

**CHICKEN  
 Handhelds**  
 Discover a new standard in chicken handhelds with made-to-order meals. No heat lamps, just pure, fresh flavor.

*Signature* **CHICKEN HANDHELDS**



**BBQ Bacon Burger**

**Premium BURGERS**  
 Savor the tastes of our premium burger creations! Meticulously handcrafted with gourmet toppings and innovative flavor combinations that are sure to elevate your burger experience to new heights.



**Ghost Pepper Ranch Burger**

**LAYERS OF HEAT AND FLAVOR**

*Premium & Savory*  
**BURGERS\***

Served with your choice of natural cut fries **LG**, Saratoga chips, or steamed broccoli **GF**



**GHOST PEPPER RANCH BURGER**

Ghost Pepper Ranch, avocado, fresh jalapeños, Pepper Jack cheese, cilantro, and pickles; served on a brioche bun. (903 cal.)



**BACON CHEESEBURGER**

Topped with crispy bacon and American cheese. Served on a brioche bun with lettuce, tomato and pickles. (915 cal.)

**SOUTHWEST VEGGIE BURGER **VE****

Black bean veggie burger topped with Cheddar Jack cheese, spicy mayo, lettuce, tomato and pickles; served on a brioche bun. (902 cal.)



**BLACK N' BLEU BURGER**

Seared with cajun spices, topped with Bleu Cheese crumbles, bacon, and our Bleu Cheese Dip. Served on a brioche bun with lettuce, tomato and pickles. (1,224 cal.)



**BBQ BACON BURGER**

Topped with Smokehouse BBQ Sauce, crispy bacon, Cheddar Jack cheese, pickles and an onion ring; served on a brioche bun. (982 cal.)

*Calorie counts for burgers, sandwiches, wraps, and baskets are listed separately. Calorie counts for sides are listed on the wing page. \*Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*

*Bountiful*  
**BASKETS**

Served with your choice of natural cut fries **LG**, Saratoga chips, or steamed broccoli **GF**

**CHICKEN TENDER BASKET**

Crispy, juicy hand-breaded fried chicken tenders served with your choice of dipping sauce and side.  
 3 PIECE. (825 cal. + sauce)  
 4 PIECE. (965 cal. + sauce)



**FISH N' CHIPS BASKET**

Beer battered, fried fish with tartar sauce and your choice of side. (856 cal.)

**FRIED SHRIMP BASKET**

Lightly breaded and fried shrimp; served with Garlic Medium sauce for dipping and your choice of side. (887 cal.)

*side upgrades*

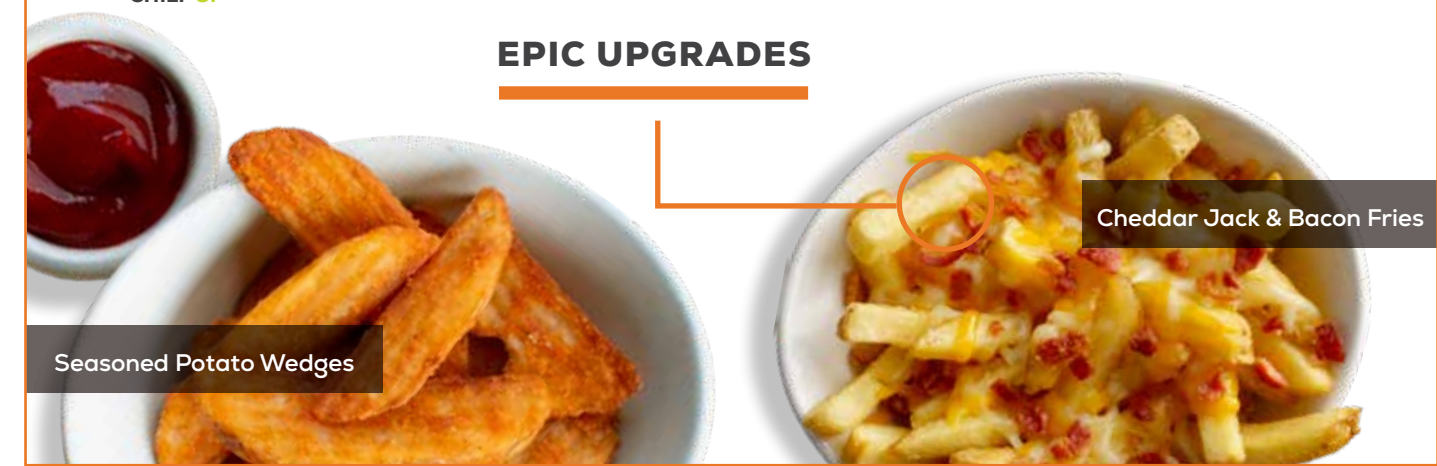
Upgrades can be swapped on Sandwiches, Wraps, Burgers and Baskets.

- SEASONED POTATO WEDGES **LG**
- PARMESAN GARLIC AIOLI FRIES **LG**
- CHEDDAR & BACON FRIES **LG**
- CHILI **GF**

- CLASSIC ONION RINGS
- BUFFALO BLEU ONION RINGS
- SWEET SMOKIN' ONION RINGS

- LOADED CAULIFLOWER SIDE SALAD
- Add **CAJUN OR QUESO** to fries or wedges

**EPIC UPGRADES**



**Seasoned Potato Wedges**

**Cheddar Jack & Bacon Fries**

**GF=GLUTEN FREE LG=LOW GLUTEN VE=VEGETARIAN**



HEALTHY SIDE OPTIONS

KID'S *cheeseburger*

*Little-league*  
**KIDS**

All Lil' Buffs Kids' Meals come with milk or water and your choice of a side. Available for kids 10 and under.

**BONELESS WINGS**

Four grilled or fried boneless wings, served with your choice of sauce on the side. (176-180 cal.)

**KID'S MAC & CHEESE**

Everyone's favorite, Kraft® Macaroni & Cheese. (320 cal.)

**CHEESEBURGER**

Kid's sized burger, topped with American cheese (424 cal.)

**GRILLED CHICKEN TENDERS**

Two grilled chicken tenders served with your choice of sauce on the side. (230-780 cal.)

**MINI CORN DOGS**

Hot dogs dipped in corn meal batter and deep fried to perfection. (230 cal.)

**KIDS' DESSERT**

**CHOCOLATE CHIP COOKIE**  
(190 cal.)

*sides*

<b>APPLE SLICES</b> (40 cal.)	<b>KID'S SALAD</b> (19-330 cal.)
<b>BROCCOLI</b> (72 cal.)	<b>FRIES</b> (456 cal.)

*Delectable*  
**DESSERTS**

**BROWNIE SUNDAE**

Chocolate brownie topped with vanilla ice cream, whipped cream, chocolate sauce, caramel, and a cherry. (764 cal.)

**VANILLA ICE CREAM**

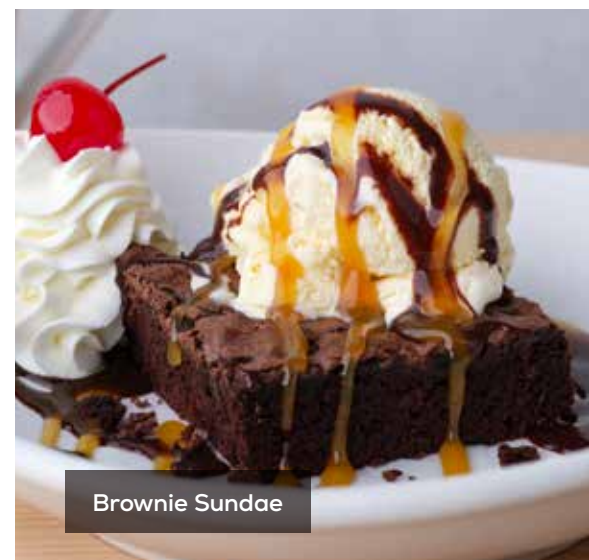
With chocolate sauce. (131 cal.)

**CHOCOLATE CHIP COOKIE**

(190 cal.)

*special feature*

Ask your server about our rotational dessert feature. Get 'em while they're available – these seasonal specials don't last long!



Brownie Sundae

*Refreshing*  
**DRINKS**

**FOUNTAIN & TEA**

WE PROUDLY SERVE *Coca-Cola* PRODUCTS, DR. PEPPER & FRESHLY BREWED TEA (0-150 cal.)



**Red Bull ENERGY DRINK**  
(110 cal.)

**Red Bull SUGARFREE**  
(10 cal.)

**BEER**

Ask your server about our full beer selection.



**REFRESHERS**

**COCONUT COOLER**

Coconut Reäl and lime juice with Sprite. (261 cal.)

**POP ROCKING LEMONADE**

Strawberry Reäl, fresh lemon juice, Sprite, and Pop Rocks. (221 cal.)

**HOUSEMADE RED CREAM SODA**  
(190 cal.)

**BLUEBERRY LEMONADE**

Blueberry Reäl mixed with lemon juice, and Sprite. (221 cal.)

**CHERRY LEMONADE**  
(200 cal.)

**BLUE RASPBERRY LEMONADE**  
(170 cal.)



*Catering* FOR YOU AND YOUR CREW

Scan to find our catering menu to feed your hungry crew.

**WINGS and RINGS cares**

Products we serve may contain or come in contact with the following ingredients: dairy, tree nuts, peanuts, shellfish, fish, soy, wheat, eggs. Ask your server about menu items that are cooked to order or served raw. Consuming raw or under-cooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

**GF GLUTEN FREE:** Based on the most current ingredient information from our food suppliers and from independent third-party gluten testing, these items contain fewer than 20ppm/gluten. Please alert your server of any dietary restrictions to avoid cross-contamination with an item containing gluten.

**LG LOW GLUTEN ITEMS:** These menu items are naturally gluten free, but since we prepare these items from scratch in shared cooking and prep areas - including common fryer oil - the possibility exists for these items to come in contact with other gluten-containing items.

GF=GLUTEN FREE LG=LOW GLUTEN VE=VEGETARIAN